CFS' Theory of Change

How CFS Creates Change

CFS creates welcoming, creative, peer-led and intergenerational spaces where young people can connect, contribute, develop skills and lead.

Our Theory of Change is:

CONNECT → CONTRIBUTE → DEVELOP → LEAD → FLOURISH

When young people participate in meaningful creative and community activities, they have opportunities to:

Connect
Build relationships, friendship, belonging and confidence.

↓

Contribute
Move from being participants to being contributors, volunteers, creators and active members of their community.

↓

Develop
Build practical life skills, communication, adaptability, teamwork and confidence through real-life experiences.

↓

Lead
Take on meaningful responsibilities, facilitate activities, represent CFS, participate in decision-making and access leadership opportunities beyond CFS.

↓

Flourish
Develop greater confidence, purpose, social connection and readiness to pursue education, employment and other meaningful pathways.

Our CFS Formula

Creativity + Connection + Contribution + Co-design + Early Support = Improved Wellbeing and Hope

At the heart of CFS is a simple belief:

Young people do not just need opportunities to participate. They need opportunities to belong, contribute, lead and discover what they are capable of.